



April 2016: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING • LOCALLY SOURCED & PRODUCED FOOD				1 Cinnamon Burst Pancakes Apple Sauce Cup
4	5	6	New York Thursday 7	8
Apple Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Lender's® Whole Grain Bagel with Cream Cheese & Jelly Cherry Apple Sauce	Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds Seasonal Fresh Fruit	Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola • Champlain Valley NY Apple Slices	Cherry Fruit Pocket Multi Grain Cheerios® Seasonal Fresh Fruit
11	12	13	New York Thursday 14	15
Blueberry Bread Land O'Lakes® Mozzarella Cheese Stick Peach Fruit Cup	Lender's® Whole Grain Bagel with Cream Cheese & Jelly 100% Fruit Juice	Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds Strawberry Banana Apple Sauce	Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar • Champlain Valley NY Apple Slices	Cream Cheese Bagel-ful Seasonal Fresh Fruit
18	19	20	New York Thursday 21	22
Apple Fruit Pocket Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice	Cinnamon Burst Pancakes Apple Sauce Cup	Carrot Zucchini Bread Kashi® Cereal Seasonal Fresh Fruit	Yogurt Parfait • Champlain Valley NY Apple Slices	Lender's® Whole Grain Bagel with Cream Cheese & Jelly Seasonal Fresh Fruit
SPRING RECESS 25	SPRING RECESS 26	SPRING RECESS 27	SPRING RECESS 28	SPRING RECESS 29
Apple Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Lender's® Whole Grain Bagel with Cream Cheese & Jelly Cherry Apple Sauce	Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds Seasonal Fresh Fruit	Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola • Champlain Valley NY Apple Slices	Cherry Fruit Pocket Multi Grain Cheerios® Seasonal Fresh Fruit

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit,
 Cold Cereal Choices: Kashi® Berry Blossoms™ Squares, Kashi® Heart to Heart® Honey Toasted Oat Squares, Kashi® Honey Sunshine® Squares, Kellogg's® Frosted Mini Wheats, Raisin Bran, Multi Grain Cheerios® and Toasted Oats

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